What's in the fast food you eat? Let us show you!

Fast Food Guide

Prevention Partners' Fast Food Guide has proven to be one of our most popular publications. Take along this pocket-size guide whenever you eat at a fast food restaurant. It shows you how to count fat grams and calories as well as cholesterol and sodium in the menu items served at many of your favorite fast food restaurants.

And what does this valuable information cost? Each Fast Food Guide is just \$1.58. This price includes South Carolina sales tax, and there are no shipping charges.

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